

THE HOSPITAL CLIPPER

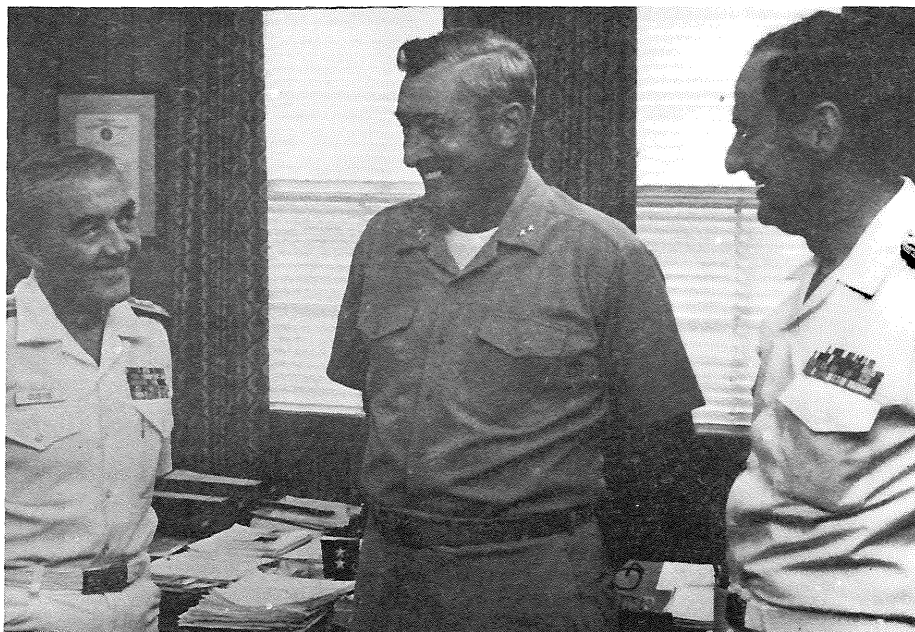


VOL. 8, NO. 3

NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENN. 38054

OCTOBER 1974

SURGEON GENERAL VISITS HOSPITAL



VICE ADMIRAL DONALD L. CUSTIS(left), SURGEON GENERAL OF THE NAVY, and Rear Admiral Paul Kaufman(right), Assistant Chief, BUMED for Planning, made a courtesy call on the Chief of Naval Technical Training, Rear Admiral A.M. Sackett, while visiting Naval Hospital Memphis on September the 4th and 5th. The informal visit by the Surgeon General was to gain first hand knowledge of the new and planned Medical Facility construction in support of the Memphis Navy Complex.



PICTURED ABOVE is CDR M.M. Burrell, of the Operating Room, after receiving the Navy Commendation Medal on 23 September for outstanding performance of duties when she was the Senior Instructor of the Technical Training Program in the Operating Room at the Naval Regional Medical Center at Portsmouth, Va.

NAVY A PROUD BIRTHDAY TRADITION 13 October 1974



THE SECRETARY OF THE NAVY
WASHINGTON

NAVY BIRTHDAY 1974 - A PROUD TRADITION

As our Navy celebrates its 199th Birthday, we are in the midst of important changes in the Navy as we know it: the modernization of our Fleet, the realignment of certain command and support organizations, severe fiscal constraints, the realities of the All-Volunteer Force, and the dramatic expansion of the Soviet fleet.

But throughout the past year the United States Navy has met each challenge, answered each call, and, in every case, lived up to the finest traditions of its 199 year history. In fact, it is during times of crisis and challenge that our Navy's proud tradition has its greatest influence.

For almost two centuries American patriots have sailed the oceans of the world, under sail, coal, steam and nuclear propulsion, in ships of wood and ships of steel, in a constant vigil to protect this nation and its vital interests abroad from foreign aggression.

That tradition is embodied today in every Navy man and woman whose patriotism, dedication to serve, and diligence in the performance of duty are still, as they were in 1775, America's first line of defense. Those of you who have stepped forward to serve your country should know that your vital role is recognized all across this country. And as our Navy meets the challenges that face us on this 199th Birthday, we should take strength from our Navy heritage, match the commitment of our forebearers with our own, and rededicate ourselves to carrying the proud tradition of our Naval Service into the unforeseeable future.

William Middendorf II
J. William Middendorf, II

CAPTAIN R. M. LEHMAN, JR., MC, USN.COMMANDING OFFICER
CAPTAIN G. W. JAUCHLER, MC, USN . . DIR., PROFESSIONAL SERVICES
COMMANDER S. D. BARKER, MSC, USN. EXECUTIVE OFFICER

DUPLICATED MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEXOS p-35 REV. JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENNESSEE. THE HOSPITAL CLIPPER SOLICITS NEWS ITEMS FROM ITS READERS.

EDITOR-IN-CHIEFLT J. C. NEW, MSC, USN
EDITOR.HM2 C. P. SATTERTHWAITE, JR, USN



RECEIVING CONGRATULATIONS from the Commanding Officer, Ms. George Ann Sowders receives a Cash Award for Outstanding Performance Evaluation on 26 July. Others receiving Awards were: Ms. Amy Turnage and Ms. Jeannette Southerland receiving both Quality Step Increases for Outstanding Evaluations; Ms. Francis Hawthorn received a Cash Award for Outstanding Performance Evaluation; Ms. Deloris Lindsay, a Letter of Commendation for Outstanding Performance Evaluation; and on 8 August, Ms. Marion McCormick received recognition for a Beneficial Suggestion of getting rid of the time clocks and trusting people. Ms. Margie C. Dawson received a Letter of Appreciation on 11 July for Outstanding work which she did between the period of September 1972 to June 1974, while working in the Urology Clinic of the hospital.



CREW'S ATHLETIC GEAR LOCKER
ESTABLISHED

On the 30th of July 1974, the hospital's Enlisted Recreation Committee established what is now known as the "Crew's Athletic Gear Locker." The Gear Locker is located behind the elevator complex on the 1st floor in Room 1214.

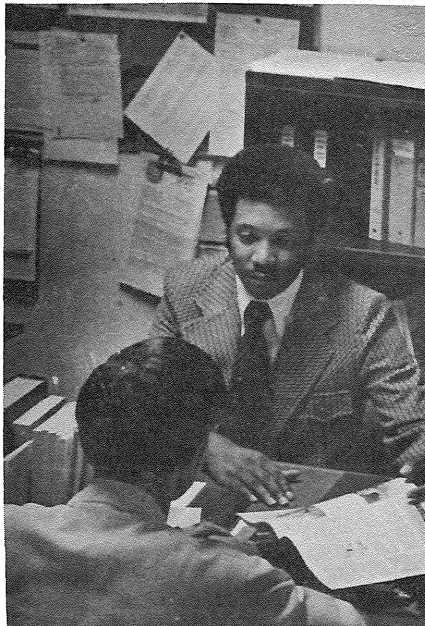
During the day, the keys will be retained at the front information desk of the hospital, whereas afterhours they will be in the custody of the Chief of the Day. This Gear Locker is for the use of all staff members. The locker contains equipment for the following games:

- HORSE SHOES TENNIS
- SOFTBALL SOCCER
- BADMINTEN VOLLEYBALL
- FOOTBALL BASKETBALL

Have you taken advantage of the newly established Crew Athletic Gear Locker?



MR FRED JACKSON
HOSPITAL'S NCFA ADVISOR



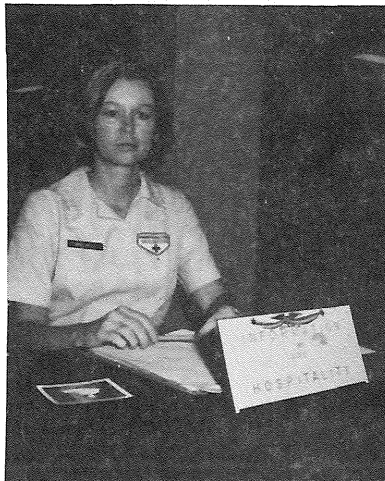
In today's changing world, furthering one's education in some form is a necessity. There are many educational opportunities available for military personnel, their dependents, and civilian employees at Navy Memphis.

Military personnel can take advantage of educational opportunities through the Navy Campus for Achievement on-base, off-duty education program. Although this on-base program focuses on college courses, vocational and preparatory work can be obtained.

In the area of preparatory work, State Technical Institute offers a PREP program for those individuals who wish to improve their skills in English and Mathematics. This program is useful for persons who want refresher courses before furthering their academic work as well as for those individuals desiring preparation to take or retake various standardized tests.

An excellent example of vocational type programs is the Emergency Medical Services course being offered through Shelby State Community College. This course is ten weeks of training in emergency medical treatment. Since a program of this nature is of interest to hospital personnel, it is being taught in the Navy Memphis Hospital. Those persons who successfully complete the Emergency Medical Services program will be certified as an Emergency Medical Technician.

INFORMATION AND HOSPITALITY
DESK ADDED



PICTURED ABOVE is Mrs. Jo Bell, American Red Cross Worker.

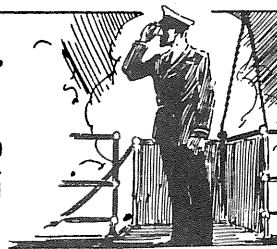
Red Cross Volunteers here at the Naval Hospital have added a new service. It's the information and hospitality desk located in the Outpatient Department.

These Volunteers assist outpatients in locating various clinics, help those in wheelchairs and on crutches, and even hold babies while mothers fill out forms! They answer questions to save time for corpsmen and other personnel. If indicated, they refer outpatients to the Red Cross staff casework department on ground floor, for possible assistance on detailed or complex problems.

These hospitable Volunteers greet outpatients with a smile and ask if they can help. They are indeed the Hospital's "Good Neighbors".

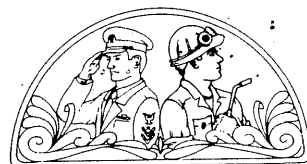
**SALUTING *the*
QUARTER DECK**

A relic of Roman days, when images of the gods were housed in that section of the ship, and were paid homage by everyone as they came aboard.



© C.W. WINDAS, 1954

In an effort to assist Military personnel, dependents, and civilian employees with enrollment and to provide information concerning the various on-base education programs, Fred Jackson, Navy Campus for Achievement Educational Advisor, is available in the Hospital Education Office, Room 325, Ext. 5847, from 0800-1630 Monday through Friday.



TOMORROW'S DREAM
by Michelle C. Saunders

A dream for a better world,
I have today,
that will change
the course of the world
in a dramatic way.

I dream of Blacks
and Whites
trusting each other,
coming together as Sister
and Brother.

I dream of peace
throughout the land,
folks spread
across the globe
hand in hand.

I dream of walking down
the streets,
not afraid of being
mugged or beat.

I dream of men
stopping the wars,
and then agreeing on
what's mine is yours.

I dream that all dope
peddlers be caught,
and the war on dope
finally be fought.

Yes, I dream of things
I've never seen,
things I hope to see,
and someday
I even hope to have,
my dream a reality!

(taken from the October 74 issue of the Moody Monthly)

LT GIRON GETS BS
IN

BUSINESS ADMINISTRATION

Being in and out of colleges since 1962, and accumulating over 170 hours, LT Sagat M. Giron got his Bachelor of Science in Business Administration at George Washington University, Washington D. C. on the 5th of May 1974.

Getting the BS degree, LT Giron went to a Jr. College (Montgomery Jr. College) and three Universities (the University of Maryland, Memphis State University and finally George Washington University). LT Giron presently is the Administrative Assistant to the Chief of Out Patient Services.

NEW HOSPITAL CORPS BARRACKS
SCHEDULED FOR COMPLETION IN NOVEMBER

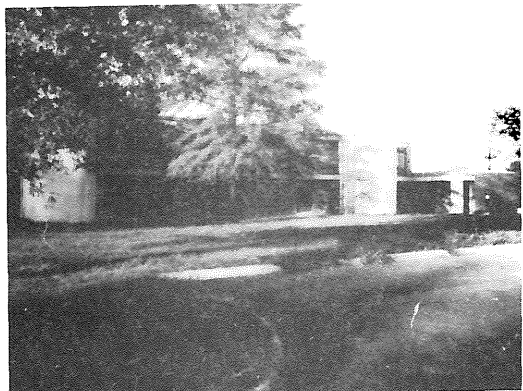
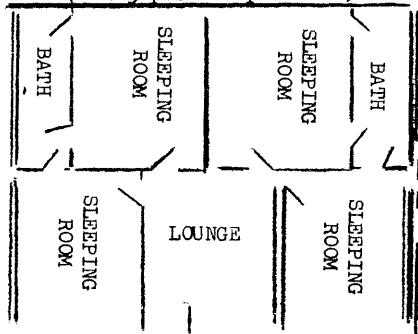


DIAGRAM OF ONE OF SIX COMPARTMENTS
IN THE NEW CO-ED HOSPITAL BARRACKS
(2 & 3 persons per room)

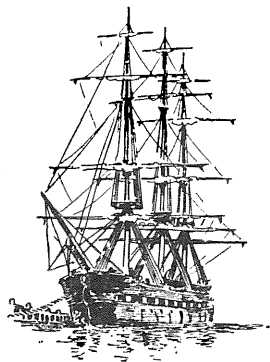


SCHEDULED FOR COMPLETION IN NOVEMBER
CAPACITY: 72

1974 NAVY BIRTHDAY A PROUD TRADITION



HM3 DELMER T. HOGUE, of NARU VP-67 at the Dispensary, on 18 September above received the Navy Unit Commendation Medal and the Republic of Vietnam Armed Forces Meritorious Unit Citation for recognition of his services in Vietnam.



• CHAIN CABLES •

'Old Ironsides' was one of the last American ships to use hemp cables for her anchors. In 1812 chain cables were introduced, and quickly demonstrated their superiority over rope.

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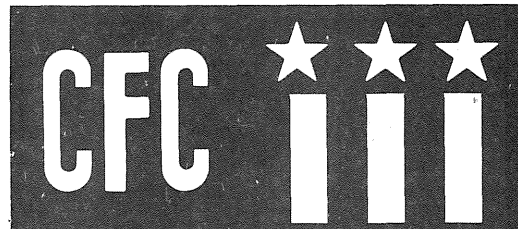
• PELORUS •

The navigation instrument for taking bearings is named for Hannibal's famous pilot, Pelorus, who made such a wonderful job of evacuating the noted Carthaginian general's troops from Italy after it became imperative to return to the defence of their own country....

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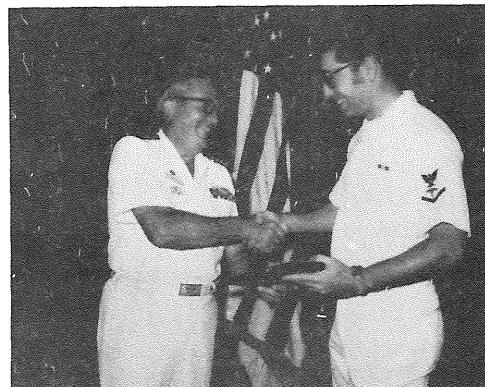


CAPTAIN R. M. Lehman, Jr., Hospital Commanding Officer, congratulates HMCM L. P. Campbell upon his reenlistment for four years. Others reenlisting were HMC E. J. Murray of Radiology, for 6 years on 5 June; HM3 T.L. Jennings from the Info Desk at the Dispensary, for 6 years on 13 September; HM3 P.R. Crouch of Anesthesia, for 4 years on 4 October; HML R.J. Lim of the Laboratory, for 6 years on 7 October, and HN I.J. Hopkins of Medical Records at the Dispensary for 4 years on the 8th of October.



Combined Federal Campaign

The hospital kicked-off it's 1974-75 Combined Federal Campaign on 17 September 1974 with Captain M.R. Cummings, DC, USN, as Chairman. The goal for the hospital is \$11,013. Give Your Fair Share, see your Keyman Today!



BEING COMGRATULATED by Capt. R.M. Lehman, Jr., CO NAVHOSP, HM3 B. Nachimson receives his Good Conduct Award after completing 4 years of outstanding Naval Service on 20 September 1974.

NEW BOOKS

- 026 Skallerup, H.R. BOOKS AFLOAT AND ASHORE. A history of books, libraries, and reading among seamen during the age of sail.
- 150 Krech, D. ELEMENTS OF PSYCHOLOGY.
- 150 Skinner, B.F. ABOUT BEHAVIORISM.
- 158 James, M. BORN TO WIN.
- 220.02 Alexander, D. EERDMAN'S HANDBOOK TO THE BIBLE.
- 228 Lindsey, H. THERE'S A NEW WORLD COMING.
- 301.32 Oltmans, W.L. ON GROWTH
- 301.42 Shedd, C.W. LETTERS TO KAREN ON KEEPING LOVE IN MARRIAGE.
- 301.42 Rigert, J. ALL TOGETHER, An unusual American family.
- 301.45 Gallagher, H.G. ETOK, A story of Eskimo Power.
- 309.1 Schrag, P. THE END OF THE AMERICAN FUTURE.
- 331.2 Terkel, L. WORKING, People talk about what they do all day and how they feel about what they are doing.
- 346 Kratovil, R. REAL ESTATE LAW
- 359.0973 Sayers, K.W. ANCHORS AND ATOMS: The United States Navy Today.
- 359.1 Jean. WELCOME ABOARD, An informal guide for the naval officer's wife.
- 359.96 Schuon, K. HOME OF THE COMMANDANTS.
- 374 Lederer, M. THE GUIDE TO CAREER EDUCATION.
- 378 Turner, D.R. AMERICAN COLLEGE TESTING PROGRAM. (Desk)
- 501 Weber, R.L. A RANDOM WALK IN SCIENCE.
- 501 Bronowski, J. THE ASCENT OF MAN.
- 509 Ronan, C.A. LOST DISCOVERIES (Oversize).
- 523 Whitney, C.A. WHITNEY'S STAR FINDER.
- 599 MacKinnon, J. IN SEARCH OF THE RED APE.
- 540 Sherwood, M. THE NEW CHEMISTRY.
- 616.89 Langone, J. GOODBYE TO BEDLAM, Understanding mental illness and retardation.
- 641 Magida, P. EATING, DRINKING, AND THINKING, A gourmet perspective.
- 649 Gordon, T. P.E.T., Parent Effectiveness Training, The tested new way to raise responsible children.
- 649 Rowlands, P. CHILDREN APART Problems of early separation from parents.
- 658 Lasser Institute. HOW TO RUN A SMALL BUSINESS.
- 658 Uris, A. THANK GOD IT'S MONDAY.

- 739 Villiard, P. GEMSTONES AND MINERALS, A guide for the amateur collector and cutter.
- 791 Edmondson, M. SOAPS.
- 796.357 Musick, P. WHO WAS ROBERTO?
- 799.1 Evanoff, V. SURF FISHING.
- 808 Campbell, W.G. FORM AND STYLE IN THESIS WRITING.
- 808 Donohoe, T. RHETORIC FOR SURVIVAL, Aids to successful college writing.
- 808.88 O'Brien, J.A. A TREASURY OF GREAT THOUGHTS, FROM ANCIENT TO MODERN TIMES.
- 820.9 Shockley, A.A. LIVING BLACK AUTHORS.
- 823 Voss, A. THE AMERICAN SHORT STORY, A CRITICAL SURVEY.
- 917 Logan, H.B. A TRAVELER'S GUIDE TO NORTH AMERICAN GARDENS.
- 917.2 Wilhelm, J. GUIDE TO ALL MEXICO.
- 917.8 Surface, W. ROUND AT THE DOUBLE DIAMOND, THE AMERICAN COWBOY TODAY.
- 917.91 Sunset editors, TRAVEL GUIDE TO ARIZONA.
- 918 Fodor, E. FODOR'S SOUTH AMERICA, 1974.
- 920 Martin, R. THE WOMAN HE LOVED, A story of the Duke & Duchess of Windsor.
- 921 Buell, T.B. THE QUIET WARRIOR, A biography of Admiral Raymon A. Spruance.
- 929.4 Smith, E.C. AMERICAN SUR- NAMES.
- 947 Solzhenitsyn, A.I. THE GULAG ARCHIPELAGO, 1918-1956.
- 970.1 Josephy, A.M. A PICTORIAL HISTORY OF THE AMERICAN INDIAN.
- 973.2 Miller, J.C. THIS NEW MAN, THE AMERICAN, The beginning of the American people.
- 973.924 Bernstein, C. ALL THE PRESIDENT'S MEN.
- 975.7 Wood, P.H. BLACK MAJORITY, Negroes in colonial South Carolina.
- 978 McKee, R. THE LAST WEST, A history of the Great Plains in North America.

NEW FICTION

- Arnow, H.S. THE KENTUCKY TRAGEDY A novel of the American Revolution.
- Boatman, A. COMRADES IN ARMS.
- Brown, R. STREET GAMES.
- Delderfield, R.F. RETURN JOURNEY. "Pip" Stuart, growing up in a small English seaside resort town in the 20's, discovers that life is more dangerous and complicated than it seems.
- Fields, J. A CRY OF ANGELS. A young boy, growing up in a small southern town during the 1950's learn how to pursue his own dreams.
- Grady, J. SIX DAYS OF THE CON- DOR, A branch of the CIA has

- been hit and wiped-out. The lone survivor knows that the order has come from within the agency itself.
- Harrison, H. QUEEN VICTORIA'S REVENGE. Tony Hawkins of the FBI finds himself at the center of an international plot of hijacking and reasons.
- Harrison, W. ROLLER BALL MURDER.
- Kyle, D. THE SUVAROV ADVENTURE.
- Le Carre, J. TINKER, TAILOR, SOKDIER, SPY. George Smiley, himself suspect, must search out and destroy the doubleagent in British Intelligence planted there years before by Moscow.
- Moose, M. HAPPY DAYS.
- *Slate, S.J. SATAN'S BACKYARD. The American "campaign" to win Florida from Spain as seen through the eyes of young Jonathan Ames, naval attaché assigned to Secretary of War Crawford.
- Smith, H.A. RETURN OF THE VIRGINIAN. The grandson of "The Virginian", and son of Trampas and a pig named Emily, who is champion water dowsing, become involved in a wild confrontation.

WESTERNS

- Clifton, J. EMERALD CANYON.
- Farrel, C. TERROR IN EAGLE BASIN.
- L'Amour, L. THE CALIFORNIOS.
- Patten, L.B. LYNCHING AT BROKEN BUTTE.
- Reese, J. THE LAND BARON.

SCIENCE FICTION

- BEST SF: 1973
- Edmondson, G.C. T.H.E.M.
- Silverberg, R. BORN WITH THE DEAD.

MYSTERIES

- BEST DETECTIVE STORIES OF 1974.
- Craig, David. THE SQUEEZE.
- Fish, Robert L. THE WAGER.
- McClure, James. THE GOOSEBERRY FOOL.

**BOXING
the COMPASS**

Today meaning to tell off the points of the compass-card, it originally referred to the placing of the compass in a bittacle (small box). From this word "bittacle" we get our modern "binnacle." © C.W. WINDAS, 1954



Navy commissions DE honoring Corpsman

The USS Valdez (DE-1096), a Knox class destroyer escort named for a Navy hospital corpsman, was commissioned July 27 at Charleston, S.C. The 4,200 ton anti-submarine escort destroyer is the first Navy vessel to bear the name of a Spanish-American. The ship carries a crew of 17 officers and 238 enlisted men.

Phil Isadore Valdez was born on April 13, 1946 in Dixon, New Mexico, the son of Mr. and Mrs. Carlos Valdez. After graduation from high school in May, 1965, he enlisted in the Navy as a hospital corpsman. He was subsequently awarded the Navy Cross for heroism with the First Marine Division in the Republic of Vietnam for duty on the morning of January 29, 1967.

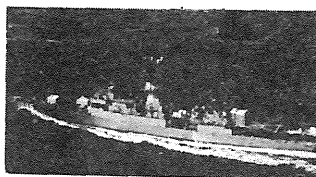
While participating in a helo-lift with his platoon, HM3 Valdez ran more than seventy-five yards over open terrain, under constant enemy fire, to aid a fallen Marine. After moving the man to a safe area and rendering competent medical

assistance, he again exposed himself to enemy fire and moved across approximately fifty yards of open terrain to treat a second Marine. He positioned himself between the man and the hostile fire and was mortally wounded by enemy small arms fire.

The ship which bears HM3 Valdez's name is 438 feet in length, 46 feet nine inches at the beam and has a maximum speed in excess of 27 knots. The ship carries bow-mounted long range sonar and variable depth sonar. Armament includes one 5 inch 54 caliber rapid fire gun; an anti-submarine rocket (ASROC) system, and two anti-submarine homing torpedo launchers. She also has space and weight reservations for a self-defense missile weapons system. She can operate as a unit of a hunter-killer anti-submarine force, as a screening force, amphibious or underway replenishment force as well as coastal patrol and convoy escort.



HM3 Phil Valdez, above, and the ship which bears his name, the USS Valdez, below.



Environmental Health warns of tick danger

The Environmental Health Branch reminds us that the middle Atlantic Seaboard States have had a high incidence of Rocky Mountain Spotted Fever in years past, and the trend is continuing this year.

The disease is transmitted by ticks. People and animals can become infested when they pass through tall grass or low bushy areas where the young or adult ticks are seeking a host.

Three to ten days after the tick attaches itself to the host, symptoms such as fever, headache, and swelling around the eyes begin to develop. This is followed by a rash which quickly covers the whole body. At the first sign of these symptoms, a physician should be consulted.

If you discover a tick on you or someone else, apply a drop of vaseline, wait 10 to 30 minutes, and then remove the tick by gently

pulling the tick backwards. Avoid breaking the mouth parts or crushing the tick.

After removing the tick, wash the attachment site and apply disinfectant. Wash your hands, as secretions can be infective.

The best way to avoid becoming infected is to avoid the ticks. If you must enter an area where the ticks may live, take precautions. Insect repellants applied to the body are generally ineffective, since ticks will seek out an untreated body site.

Spray the repellent on the exterior surfaces of clothing, and tuck cuffs into socks and shirts into trousers. Check your pets for ticks, particularly between the toes and in the ears. Your pets could cause an infestation of your home. You can treat your pet by pulling the ticks from the pet, applying available commercial preparation, or consulting with a veterinarian.

NAS VETERINARY CLINIC

APPOINTMENTS

Pet owners are reminded that they should call the Naval Hospital Dispensary for appointments at the NAS Veterinary Clinic to have their pets vaccinated or inoculated.

The clinic is open between 9-12a.m. and 1-3p.m. each Thursday. However, many individuals do not make a prior appointment before coming to the clinic, causing delays and hardships to those who do have appointments. While the veterinary officer does not like to turn anyone away, recent use of the clinic has increased to the point where persons without appointments may have to be turned away. Please call 872-5650 during normal working hours for veterinary appointments.

TOUCH FOOTBALL TEAM

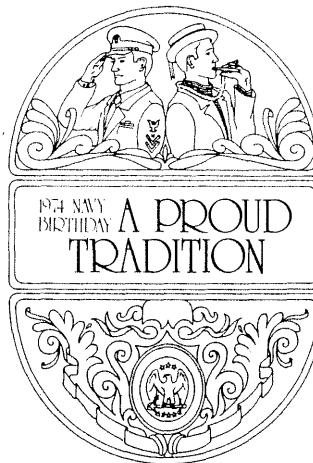
CAPTURES TITLE

The Dispensary-Hospital Touch Football Team, with a record of (10-3), won the Intramural Touch Football Base Championship, Tuesday, 1 October by defeating Dental (9-4) 6-2, in a well matched game. The captain and coach of the winning team were HM3 T. L. Jennings and HM3 G.W. Sexton, respectively.

HELLCATS ON PROWL

The NAS Hellcats Football Team are on the prowl. The Hospital has combined with NAS to form a team that has stubbornly given up one loss and has tied one game.

The next game is 17 October 1974 when they battle against NAVCEN Blue. Come out and support the Team!



MEDICAL INTRAMURAL BOWLING RESULTS

as of 02 October 1974

STANDINGS	TEAM #	WON	LOST	TEAM CAPTAIN
#1 Disp. #1	8	14	2	Z. Wells
#2 X-Ray	5	10	6	R. Bernardy
#3 Disp. #2	1	10	6	J. Crone
#4 Laboratory	7	9	7	P. Childers
#5 Nurse Corps	10	9	7	K. Coggins
#6 MSC + 1	4	7	9	S. Bazzell
#7 Personnel	3	7	9	A. Gibson
#8 Dental	2	7	9	J. Barger
#9 Nursing Service	9	4	12	O. Dunson
#10 Pharmacy	6	3	13	D. Duncan

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